# Medical Board of Australia Cosmetic Surgery Guidelines UNDER 18's

# Dr Naveen Somia SPECIALIST PLASTIC SURGEON

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### COSMETIC SURGERY DEFINITIONS

Procedures to achieve a more desirable appearance or to boost self-esteem

Minor procedures do not involve cutting the skin such as mole removal or injections.

Major procedures involve cutting beneath the skin such as breast reduction mamaplasty and gynaecomastia.

### MINOR PROCEDURE

If deemed appropriate there is a 7 day cooling off period

### MAJOR PROCEDURE

If deemed appropriate by Dr Somia and/or your GP or psychologist a 3 month cooling off period applies

### **PROCESS**

Consultation with Dr Somia to discuss goals, motivations, expectations and alternative options including not having ta procedure. Major procedures will be referred to your GP or psychologist for review.

### PROCEDURE CONSENT

Information on Dr Somia's qualifications and experience, the procedure, risks and complications, possible outcomes, the possibility of revision, recovery time, post operative care and how to access the complaints process

## INFORMED FINANCIAL CONSENT

Includes information on the total cost of the procedure, deposit and payment dates and the cost of any follow-up care.