

EYELID BLEPHAROPLASTY SURGERY PROCESS

Consultations

Current legislation requires two consultations are undertaken before a date for plastic and cosmetic procedures are confirmed including a 7 day cooling off period. One of these consultations must be in person, the 2nd consultation can be held virtually.

During these consultations you will discuss:

- Your functional and aesthetic goals and the options available.
- Review your field of vision testing and older photographs
- View representative before / after photographs
- Have your own "before" photographs taken

Booking your surgery date

When you are ready scan this qr code or visit:



<https://naveensomia.snapforms.com.au/form/surgery-date-request>

Here you can let us know your preferred time frame and any special events coming up. Upper eyelids require a minimum of 2 weeks off work and lower eyelids may need 3-4 depending on healing progress. Whilst we try to accommodate date requests they cannot be guaranteed based on availability.

Note: A deposit of \$1050 (includes processing fees) is required within one month.

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ASAPS Australasian Society of
Aesthetic Plastic
Surgeons™
Excellence in cosmetic surgery™

Dr Naveen Somia - Specialist Plastic Surgeon

MBBS PhD FRACS | Reg MED0001189889 | P 02 9387 2110

info@naveensomia.com.au | Bondi Junction | Bella Vista

ABN 20 204 195 865



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SURGERY PATHWAY APP DESIGNED TO MAKE YOUR ADMISSION INTO HOSPITAL EASIER

Once a date is confirmed you will receive a confirmation email and a text message to join our Surgery Pathway. This app will guide you through preparing for surgery. You will continue to receive regular text messages to complete the next steps towards surgery.

Please register for the pathway as soon as possible so you don't miss any important information.

The pathway will assist you in the following areas:

- Surgery Deposit and Payments
- Pre-operative testing
- Getting Ready
- Hospital Forms
- Consent information
- Post Operative care

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What's involved in preparing:

- Have a blood test to check your general health
- Get clearance from any specialists ie cardiologist, haematologist
- Complete the pre-surgery questionnaire
- Additional consultation with Dr Somia to review your preoperative tests and finalise your procedure.
- Pre-surgery skin health protocol (see link on main info page)
- Complete hospital admission forms and payments.
- Organise your recovery station with handy things nearby within easy reach
- Let us know if you require a medical certificate for time off work
- Arrange care of any plants, children, pets for the first two weeks
- Purchase sunglasses and icepack requirements (see post op instructions)

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FAQS

When are the fees due?

When are the fees due? Dr Somia's fees are due 2 weeks before surgery. Anaesthetist and Hospital fees are due the week before surgery. Self funded or cosmetic patients should refer to their hospital estimate for payment requirements.

Prepare for recovery

- Eat well, hydrate, exercise, get plenty of rest
- Arrange your recovery space and organise someone to help you.
- Print post op instructions from patient info page for easy reach
- Commence Manual lymphatic drainage (see instructional video on patient info page)

Hospital Admission and Stay

The hospital will advise fasting and arrival times the afternoon or the friday afternoon before your surgery. Eyelid surgery requires an overnight stay. You will need someone to collect from hospital the following day.

Post Operative Care when you get home

The day after you return home you will receive a wellbeing call from our team. LED light therapy treatments will be arranged twice a week for the first 2 weeks after surgery to increase healing time and reduce swelling and discomfort. Your first visit with Dr Somia is usually one week after surgery where he will remove your stitches, and advise you on ongoing post operative care including scar management. You will continue to see Dr Somia at regular intervals for the next few months.

Receipts for claiming?

At your first post operative visit you will receive your receipt and instructions on how to claim from medicare and your health fund.

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